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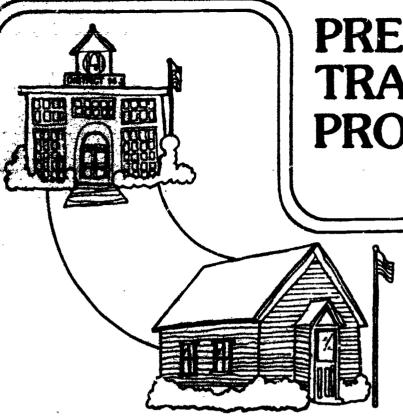
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#### **ABSTRACT**

The manual provides parent educators with guidelines for conducting a series of four 1-hour meetings to help parents of preschool handicapped children fulfill their role as their child's advocate. At the first meeting, information on tests and testing and on the Individualized Education Program process is presented. In the second meeting, parents are informed of the legal rights to which children receiving special services are entitled. At the third meeting, other parents of older handicapped children speak providing a parent perspective of special education services. In the fourth meeting, school district special education administrators give parents specific information about the school district and answer parents' questions. The manual also contains general suggestions for the meetings (e.g. send parents reminder notes, serve refreshments, and develop a parent handbook) and appendixes which include forms used by the Preschool Transition Project in Utah, a list of regional resource centers, a list of state protection and advocacy agencies, the parent feedback form, and the pre-post exam. (DB)





# PRESCHOOL TRANSITION PROJECT

U.S. DEPARTMENT OF EDUCATION

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Helping Parents to be Informed Advocates for Their Handicapped Children: Planning Materials for Four Meetings to Provide Information and Support

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Children experience many changes as they travel through their school careers. Teachers change frequently, friends come and go, teacher expectations vary, and classroom routines are altered on a regular basis. These changes are frequently accompanied by changes in home and social environments. Experiences such as these can be upsetting at times. Hopefully, each child has a parent (relative or guardian) to turn to for understanding and guidance.

Consider the same experiences from the perspective of a handicapped child. Because the child is handicapped, more issues may be raised during periods of change: Why do I go to a different school than my friends next door? Why am I in a special classroom for part of the day? Why does the speech therapist only take me out of the class? The parent of a handicapped child must provide love and guidance to help address these issues, but the parent must also assume a new role--that of advocate for the child. It is the parent who must initiate services on the child's behalf. It is the parent who must help to determine that appropriate service is provided. During periods of change, it is the parent who must bridge the gap between the old services and the new school. Bridging the gap means helping school staff to determine and provide the services that will be most appropriate to the child's needs. The parent, acting as child advocate, needs to know not only about the child but also about the law as it relates to handicapped children, about how the school district works, about educational goals and objectives, and, last, but by no means least, how to be assertive.

This paper will describe some procedures that can be used to arrange a series of parent meetings to inform parents about advocacy for their handicapped children. The arrangements may be the responsibility of a



program administrator, teacher, social worker, or parent. The meetings were designed for parents whose children were moving from preschool services to a local school district program. The information covered in these meetings is not specific to preschool transition and may be useful to other parents with handicapped children. Parents of young handicapped children, who may have had no experience with school services, definitely need this kind of information. The implementation of P.L. 99-457 (mandating special services for handicapped preschoolers) will change the nature of transition practices in this country, but the need for parents to be informed advocates for their children will not change. Indeed, perhaps more vigilance regarding student rights will be needed as services are extended to more handicapped children. Why is the parent an advocate?

P.L. 94-142 (the education for all handicapped children law) designates the parent as a member of the interdisciplinary team that works with a handicapped child. The parent can influence where the child is placed and the types of services provided, and the parent has a major role in the development of the child's individual education plan (IEP). In summary, the law provides that the parent of a handicappec child play a major role in the education of that child.

It is possible to train school personnel (e.g., teachers) to serve as child advocates. Teachers, however, come and go in a child's school career. Only the parent(s) will be there through the child's entire school career. The parents should be more aware of the services that need to be or have been provided to their child than school personnel who must keep track of services to dozens of childres. The parents can help maintain educational continuity that cannot be provided by anyone else.



#### Overview of the meetings

This series can be organized by any of a variety of persons who serve handicapped children. The authors realize that in many programs extra help is not available nor is time to plan extra meetings. However, only one person is needed to arrange speakers and set up meeting times, and the time required to do this is not extensive. The speakers who present the information are available in most communities and they will generally donate their time.

This program consists of four meetings. The first meeting is introductory. Information on tests and testing, and on the IEP process is presented. In the second meeting, parents are informed of the legal rights to which children receiving special services are entitled. In the third meeting, parents of handicapped children that have received services at the preschool level and who are now served by the school district speak. This meeting allows parents to hear about special education services from the parent perspective. In the fourth meeting, school district special education administrators give parents specific information about the school district and parents can ask questions of concern to them.

Some children who receive special education services at the preschool level do not need further service in self-contained special education classrooms. Parents of these children have raised questions about the special education emphasis of this series of meetings. It should be made clear to parents that placement of their children in the least restrictive environment is always the goal of early, indeed all, special education. The laws mandating special education services and the procedures that must be followed are more complex than those of regular education. In fact, parents



of normally developing children have limited rights regarding school district procedures. It should be made clear to parents that the services encompassed by special education include more than self-contained special education programs. Parents whose children will move into regular programs will learn what services exist and how to access these services if necessary. Becoming informed can help relieve all parents of the stress related to the transition process.

#### Arrangement of the meetings

Because this program is a series of meetings about related topics, it is preferable to space the meetings close together but not so close as to interfere with the parents' time and other activities. We have found that a space of approximately three to four weeks between meetings works well. The meetings should be held prior to school district placement decisions so that parents can use the information at placement meetings and IEP meetings. In the authors' district, the meetings were scheduled between February and May.

To increase attendance, parents should be informed about the series of meetings at the beginning of the school year. The steps are:

- Approximately three to four weeks before the first meeting, send each parent a letter reminding them about the series and providing information about the first meeting (see Appendix A for sample letters).
- 2) One week before the meeting, send a brief reminder of the meeting to the parents (Appendix B).
- 3) School personnel should mention the meeting to parents when they see them.
- Repeat this procedure for each meeting.



Schedule the meetings at a time when parents can attend. Early evening times (6:30 or 7:00) on weekdays (except Friday) work well. Tell the parents the meeting will last about an hour and try to keep to that. If the parents run overtime because of their questions to the presenter, it's a sign things are going well. Provide child care services. Generally, you can find a teacher or parent volunteer to watch the children for an hour. Have refreshments if you can. They can be simple--punch and cookies are fine. Parent Handbook

Much information is presented in this series of meetings. It is difficult for parents to remember specific information at a later time, especially if the information is new. Provide the parents with a handbook they can keep for reference purposes. In the handbook you may expand upon the information presented at these meetings.

It is not necessary to write everything that needs to go in the handbook. Most information that you might want to provide has been prepared in handout form by other projects. Handouts can be obtained from (a) state agencies serving handicapped persons, (b) federally funded projects serving handicapped children, (c) university affiliated centers, (d) many local education agencies, and (e) advocacy groups such as the Association for Retarded Citizens and Council for Exceptional Children. If these organizations do not have handouts, they can probably direct you to sources that do. If you cannot get help locally, you can write to the Regional Resource Center in your area. These centers are established by the government to provide information on the handicapped. A list of the Regional Resource Centers is located in Appendix C. Generally such handouts can be obtained for the price of reproduction. Because they are usually in the



public domain, you can often get one and copy it yourself for the handbook. Be sure, however, to check for copyright indications. Finally, speakers will sometimes bring handouts that can be included in the handbook.

The <u>Parent Handbook</u> developed by the Preschool Transition Project staff can be used as an example. (This handbook accompanies this manual.) The handbook is divided into sections based on each meeting. Each section is preceded by a brief overview of the meeting and a summary statement. Within each section are materials that relate to the topic of the meeting. The materials were obtained from a variety of sources and references are provided. The handbook ends with an information sheet of names and telephone numbers parents may need to know.

The <u>Parent Handbook</u> was given to parents in a 3-ring binder. Thus, parents could add information furnished by speakers or distributed at a later time. Because information may change from year to year, if you want to repeat the meetings it is best not to bind the handbook. Then you can easily adapt materials to address changes in the law or changes in policies in your local districts. You can keep one current master copy.

#### The first meeting

At the start of the first meeting, the program leader should present an overview of the series. He or she should address the function of the series-making parents informed advocates for their children--and discuss some of the organizational aspects (e.g., arrangement of meetings, time, etc.). Following this, he or she should introduce the speaker.

Two main issues are addressed at the first meeting: testing and IEPs.

The speaker for this meeting should be someone familiar with both issues. A school psychologist associated with a school district, a psychologist who



works with an organization that contracts work with school districts, or, possibly, a person who supervises special education teachers would be appropriate speakers. These people will generally donate an hour of their time to talk to interested parents; in fact, psychologists are bound by the APA (American Psychological Association) Code of Ethics to offer time to community service functions. If possible, approach someone whom you know and who has views consistent with those of your program.

The speaker should briefly discuss the following topics about testing:

- 1. What is a test.
- Types of tests. (For example, norm-referenced vs. criterion referenced, description of basals and ceilings.)
- Types of test scores and what they mean.
- 4. Why tests are used in evaluation.
- 5. School district responsibilities when testing.
- 6. Use of tests in placement decisions and in developing IEPs. With regard to IEPs, the following areas should be covered:
- 1. The IEP as a legal contract.
- 2. Parental roles in the IEP.
- 3. Required content of an IEP.
- 4. Who must attend the IEP meeting.
- 5. Procedures that the school district must follow.
- Goals and objectives and how you know if they are good.

Although much information is covered at this meeting, it is not necessary to present extensive detail on any of the areas. Parents need a general definition of each area. Information related to each of these topics will be presented in subsequent meetings. In addition, information on these



topics should be placed in the parent handbook. If you want to devote more time to the topics covered at this meeting, then you could schedule one meeting for each of the main topic areas. Remember that you do not wan' to overwhelm the parents. The authors have found that one meeting has been sufficient to cover the suggested topics.

#### The second meeting

The topic of the second meeting is the legal rights of the handicapped child. Any child who is classified as being in need of special services has a number of legal rights. Frequently, parents are unaware of those rights to the detriment of their ability to advocate for their child's best interests. At this meeting, parents should learn about these rights.

The speaker for this meeting must be familiar with these rights. Each state in the United States has a center established to protect and advocate for the rights of persons with developmental disabilities. These centers were established by the Developmental Disabilities Assistance and Bill of Rights Act of 1975. As part of their advocacy function, these centers will, upon request, send a person to discuss legal rights. A listing of these centers is presented in Appendix D.

If the speaker is from one of these legal centers, he or she should be knowledgeable about the topics that need to be covered in this area. The following is a list of suggested topics:

- What is P.L. 94-142 (The Education for All Handicapped Children Act).
- 2. Definitions under the law.
  - a. What is appropriate education.
  - b. What are related services.



- 3. Responsibilities under the law.
  - a. Identification of students.
  - b. FPs.
  - c. Least restrictive environment.
- 4. Procedural safeguards.
- 5. General suggestions for parents.

Again, be sure to include this information in the parent handbook. A good summary of this information is contained in the <u>News Digest</u>, Number 7, 1987 printed by the National Information Center for Handicapped Children and Youth, P.O. Box 1492, Washington, D.C., 20013. It may be useful to parents throughout their child's school career.

#### The third meeting

The tone of the third meeting is significantly different from the first two meetings. If parents have a handicapped child moving into the school district, most will have developed a number of concerns over the first two meetings. This meeting provides parents the opportunity to discuss concerns not with professionals but with other parents. This meeting provides the opportunity for parents to talk with parents.

The speakers for this meeting should be parents of a handicapped child formerly in a special education preschool program who is now served by the school district. It is recommended that you invite, as a minimum, the parents of three children to generate an hour's worth of discussion. Try to select parents who have had different experiences with the school district. For example, include: (a) a parent whose child originally went into special education but is now in regular education, or mainstreamed on a regular basis; (b) a parent whose child entered a regular kindergarten but now



receives special education help for part or all of the school day; (c) a parent whose child has been in different types of special education settings; and (d) a parent who may have had and resolved some conflicts with the school district. The greater the variety the better, but try to select parents whose children are still in grammar school. The parents need to be able to reflect on their child's early years with the school district and relate their experiences to other parents.

When you talk with the parents who will be speakers at this meeting, be sure they know that you want them to discuss their experiences with other parents. If confidentiality is a major concern to a par ., he or she may not be an appropriate speaker. You can inform the parents in your group that issues discussed in the meeting should be kept confidential, but, unlike professionals, parents are not bound by rules of confidentiality.

Your role at this meeting should be one of facilitator and nothing more. The less you speak, the more the parer's can interact. You may even want to start things and leave the room, though this is not necessarily recommended. This meeting will provide insight into the parents' perceptions of the entire school process.

Start the meeting by introducing the parents. Then ask each parent to discuss their child, her handicap, and her history in the education system. Ask the parents to discuss both positive and negative experiences. Have each parent repeat this process. Let the parents in the group ask questions at any time. This allows for a more natural discussion. You can ask questions, but do this only to help the discussion.

Do not become defensive about things parents may say. Parents may disagree with aspects of special education you strongly believe in. Do not



rebut their opinions. The meeting is one for parents by parents.  $\underline{\text{The fourth meeting}}$ 

The final meeting of the series also differs from the other meetings. By this time, parents have been exposed to much information and heard opinions from a variety of sources. Predictably, parents will still have a number of concerns. At this meeting, parents can express these concerns through questions to representatives of the school district.

The speaker(s) for this meeting should represent the local school district. A director or coordinator of special education programs is preferable. If graduates of the program are served by more than one district, invite a representative from each of the districts. If only one district is represented, you may want to invite a teacher as well as the director to comment on issues discussed.

Ask the speaker(s) to discuss the district special education system in general. Then ask them to discuss specific issues such as identification, placement, and mainstreaming. You may ask them to discuss innovative approaches in the district. Ask their plans for serving preschool children as mandated by P.L. 99-457. In our experience, parents have always had enough questions to adequately fill an hour.

As at the previous meeting, your role is that of facilitator. The primary purpose of this meeting is for the parents to express their concerns. The secondary purpose is to acquain, parents with district procedures in an informal setting. Many parents' first encounter with school district officials occurs in a formal situation, such as an IEP meeting. In these situations the parent may be the only nonprofessional present; such a situation can be imposing. This informal meeting may desensitize parents to



school personnel and help them to be assertive in the future if they have difficulty with officials.

#### Potential benefit of meetings

This series of meetings and the parent handbook should help parents become better advocates for their children in future years, if and when their children may need special services. The meetings should answer some of the concerns parents may have and may even help to reduce stress they may experience as their child moves from one program to another. The remainder of this paper discusses some evaluation and feedback measures you may want to incorporate.

#### Parent feedback

It is a good idea to provide the parents with a way to give you feedback about the meetings. One method for doing this is to provide them with a short, easily completed form. Allow space on the form for comments. A sample form is included in Appendix E.

Parent feedback can be valuable for planning future meetings. Perhaps a speaker needs feedback on advice that was regarded as insensitive, or perhaps parents need more information about a topic. Parental feedback can help make the content of future meetings more useful.

#### **Evaluation**

Sometimes it may be desirable to evaluate not only how parents reacted to the meetings but also what they learned. A sample quiz for this purpose is included in Appendix F (Prc-Post Exam). The quiz covers some but not all of the proposed content.

This quiz should be administered at the beginning of the first meeting and at the end of the last meetings. Explain to parents that its purpose is



to help you determine whether the meetings are informative, not to evaluate individuals' knowledge. Keep attendance records of each meeting to determine whether missed items on the posttest reflect information a parent did not remember or that a parent missed meetings. It may be useful to determine whether parents who attended all meetings learned more than those that attended only some of the meetings.

#### The Preschool Transition Project: Evaluation of parent meetings

The Person 1 Transition Project (PTP) staff have conducted this series of parent mentings for three years. Parents of children in other programs (Social Integration Project, Headstart) have been invited to these meetings. Parental attendance at the meetings has been good, perhaps because the project is a model/demonstration program located in a suburban area. Parent feedback has been positive. A summary of parental feedback is presented in Appendix G.

The results of the pre-post exam have also been positive. During all three years this series of meetings has been run, parents who attended all meetings improved their knowledge as measured by their test performance (Table 1). The pre to post differences for the first two years were statistically significant. The results in the third year approached significance. One of the four parents who attended all the meetings during the third year had attended the meetings the year before and one had a Master's degree in special education. Sine these parents had high pretest scores, the pre to posttest differences were small.

Overall, the evaluation of the Preschool Transition Project meetings has been very positive. Parental feedback regarding content has been favorable. Parents who attended regularly learned new information and those who attended



less frequently reported that the meetings were valuable. Becoming informed is a major step to successful advocacy. It is hoped that parents will use this information to their benefit and the benefit of their children.



Table 1. Results of statistical tests ( $\underline{t}$ -test for dependent variables) on the pre-post exam scores for parents who attended the series of parent meetings over the past three years.

<del></del>	Number of Cases	T Value	Probability
Year 1	5	-2.89	<0.05*
Year 2	8	-7.28	<0.001*
Year 3	4	-2.72	=0.07

<sup>\* =</sup> Statistically significant



# Appendix A Sample Letter for Parents





#### UTAH STATE UNIVERSITY · LOGAN, UTAH 84322-6805

DEVELOPM INTAL CENTER FOR HANDICAPPED PERSONS Outreach, Development and Dissemination Division (801) 750-1991

April 10, 1987

Dear Parents:

The third meeting in our series of parent meetings will take place on Thursday, April 30, 1987. The meeting will be at the Developmental Day School, and begin at 7:00 p.m. The meeting will last approximately one hour. At this meeting, parents, who have children that were enrolled in the Social Integration Program and who are now in the school district, will come and speak. They will discuss the experiences they have had when transitioning from the preschool program to the school district and their experiences in dealing with the school district. Be prepared with questions you may have. In the past, this meeting has always been one of the most interesting. Child care will be available for this meeting, please contact Barb before April 24th if you are bringing your children.

See you at the meeting!

Sincerely,

Mark S. Innocenti, Coordinator Preschool Transition Project

/tp



# $\label{eq:Appendix B} \mbox{Reminder Note for Parents}$



#### Parent Meeting

Thursday, April 30, 1987 When:

Developmental Day School Where:

Time: 7:00 p.m.

Parents of children who were in special education preschool programs and are now in the school district will discuss their Topic:

experiences and answer questions.

-- Child care will be available --



# Appendix C List of Regional Resource Centers



#### REGIONAL RESOURCE CENTERS

#### REGION 1

Northeast Regional Resource Center Trinity College Colchester Avenue Burlington, Vermont 05401 DIRECTOR: Ken Baker TELEPHONE: (802) 658-5036 PROJECT OFFICER: Hillary Roth CONTACT NUMBER: 300-83-0187

#### STATES SERVED

Maine, Vermont New Hampshire, Massachusetts, Connecticut, Rhode Islar.J, New York, New Jersey

#### **REGION 2**

MidSouth RRC
University of Kentucky
128 Porter Building
Lexington, Kentucky 40506-0205
DIRECTOR: Robert Sterrett
TELEPHONE: (606) 257-7937
PROJECT OFFICER: Marie Roane
CONTRACT NUMBER: 300-83-0184

#### STATES SERVED

Maryland, Delaware Virginia, West Virginia Washington, D.C. Kentucky, Tennessee, North Carolina, South Carolina

#### RECION 3

South Atlantic RRC
Florida Atlantic University
1236 North University Drive
Plantation, Florida 33322
DIRECTOR: Timothy Kelly
TELEPHONE: (305) 473-6106 or 6166
PROJECT OFFICER: Bortel Clayton
CONTRACT NUMBER: 300-83-0183

#### STATES SERVED

Georgia, Alabama, Florida, Mississippi, Puerto Rico, Virgin Islands, New Mexico, Texas, Oklahoma, Arkansas, Louisiana

#### **REGION 4**

Great Lakes Area RRC
The Ohio State University
161 Rightmire Hall
1060 Carmack Roa;
Columbus, Ohio 43210
DIRECTOR: Larry Magliocca
TELEPHONE: (614) 292-2945
PROJECT OFFICER: Marie Roane
CONTRACT NUMBER: 300-83-0189

#### STATES SERVED

Illinois, Ohio, Indiana, Pennsylvania, Wisconsin, Minnesota, Michigan

#### REGION 5

Mountain Plains RRC
1780 North Research Parkway, Suite 112
Logan, Utah 84321
DIRECTOR: Glenn Latham
TELEPHONE: (801) 752-0238
OFFICER: Jatis Franklin
CONTRACT NUMBER: 300-83-0186

#### STATES SERVED

Montana, Wyoming,
112 North Dakota, South
Dakota, Utah,
Colorado, Nebraska,
Kansas, Iowa, Missouri, PROJECT
Bureau of Indian
Affairs

#### REGION 6

Western Regional Resource Centers
College of Education
University of Oregon
Eugene, Oregon 97403
DIRECTOR: Richard Zeller
TELEPHONE: (503) 686-5641
OFFICER: Marie Roane
CONTRACT NUMBER: 300-83-0185

#### STATES SERVED

Oregon, Idaho,
Washington, Alaska,
California, Arizona,
Nevada, Trust
Territories, Guam,
American Samoa, Hawaii, PROJECT
Northern Marianas



# Appendix D State Protection and Advocacy Agencies



# State Protection and Advocacy Agencies Developmental Disabilities

1/12/87 4:3

ALABAMA Sue Ellen Galbraith, Program Director Alabama DD Advocacy Program The University of AL P.O. Drawer 2847 Tuscaloosa, AL 35487-2847	(205) 348-4928
ALASKA David Maltman, Director Protection & Advocacy for the Developmentally Disabled, Inc. 325 E. 3rd Ave., 2nd Fl. Anchorage, AK 99501	(907) 274-3658
AMERICAN SAMOA Minareta Thompson, Director Client Assistance and Protection and Advocacy Program P.O. Box 3407 Pago Pago, American Samoa 96799	(9)011-684-633-2418
ARIZONA Amy Gittler, Executive Director Patricia Brown, Director, P&A Arizona Center for Law in the Public Interest 112 North Central Avenue, Suite 400 Phoenix, AZ 85004	(602) 252-4904
ARKANSAS Nan Ellen East, Executive Director Advocacy Services, Inc. 12th & Marshall Streets, Suite 504 Little Rock, AR 72202	(501) 3/1-2171
CALIFORNIA Albert Zonca, Executiv irector California Protection Advocacy, Inc. 2131 Capitol Avenue Sacramento, CA 95816	(916) 447-3324 (800) 952-5746 (213) 383-7285
COLORADO Mary Anne Harvey, Executive Director The Legal Center 455 Sherman Street, Suite 130 Denver, Colorado 80203	(303) 722-0300



CONNECTICUT  Eliot J. Dober, Executive Director Office of &A for Handicapped & DD Persons 90 Washington Street, Lower Level Hartford, CT 06106	(203) 566-7616 (203) 566-2102-(Tele) (800) 842-7303-(State- wide Toll Free)
DELAWARE Christine Long, Administrator Disabilities Law Program 144 E. Market Street Georgetown, DE 19947	(302) 856-0038
DISTRICT OF COLUMBIA Yetta W. Galiber, Executive Director Information Center for Handicapped Individuals 300 I Street, NE Suite 202 Washington, DC 20002	(202) 547-8081
FLORIDA Jonathan P. Rossman, Executive Director Governor's Comm. on Advicacy for Persons with Disabilities Office of the Governor, Capitol Tallahassee, FL 32301	(904) 488-9070
GEORGIA Pat Powell, Executive Director Georgia Advocacy Office, Inc. 1447 Peachtree Street, N.E., Suite 811 Atlanta, GA 30309	(404) 885-1447 (800) 282-4538
GUAM Tom G. Basa, Director The Advocacy Office P.O. Box 8830 Tamuning, Cuam 96911	10288-011- (671) 646-9026
HAWAII Patty Henderson, Executive Director Protection and Advocacy Agency 1580 Makaloa Etreet, Suite 860 Honolulu, HI 96814	(808) 949-2922
IDAHO Brent Marchbanks, Director Idaho's Coalition of Advocates for the Disabled, Inc. 1409 W. Washington Boise, Idaho 83702	(208) 336-5353



ILLINOIS Zena Naiditch, Director P&A, Inc. 175 W. Jackson -Suite A-210 3 Chicago, IL 60604	(312) 341-0022
INDIANA Ramesch K. Joshi, Executive Director Indiana P&A Service Commission for the Developmentally Disabled 850 N. Meridian Street, Suite 2-C Indianapolis, IN 46204	(317) 232-1150 (800) 622-4845
TOWA Mervin L. Roth, Director Iowa P&A Service, Inc. 3015 Merle Hay Road, Suite 6 Des Moines, IA 50310	(515) 278 <b>-25</b> 02
KANSAS  Joan Strickler, Executive Director  Kansas Advocacy & Protection Services  Suite 2, 513 Leavenworth Street  Manhattan, KS 66502	(913) 776-1541 (800) 432-8276
KENTUCKY Gayla O. Peach, Director Office for Public Advocacy Division for P&A 151 Elkhorn Court Frankfort, KY 40601	(502) 564-2967 (800) 372-2988
LOUISIANA Lois V. Simpson, Executive Director Advocacy Center for the Elderly & Disabled 1001 Howard Avenue, Suite 300A New Orleans, LA 70113	(504) 522-2337 (800) 662-7705
MAINE Dean Crocker, Director Advocates for the DD 2 'ulliken Court P.O. Box 5341 Augusta, ME 04330	(207) 289-5755 (800) 452-1948
MARYLAND David Chavkin, Director Maryland Disability Lav Center 2510 St. Paul Street Baltimore, MD 21218	(301) 333-7600



MASSACHUSETTS Richard Howard, Executive Director DD Law Center for Massachusetts 11 Beacon Street, Suite 925 Boston, MA 02108	(617) 723-8455
MICHIGAN Elizabeth W. Bauer, Exec. Director Michigan P&A Service 109 W. Michigan, Suite 900 Lansing, MI 48933	(517) 487-1755
MINNESOTA Steve Scott, Director Legal Aid Society of Minneapolis 222 Grain Exchange Building 323 Fourth Avenue, South Minneapolis, MN 55415	(612) 332-7301
MISSISSIPPI Rebecca Floyd, Executive Director Mississippi P&A System for DD, Inc. 4793 B McWillie Drive Jackson, MS 39206	(601) 981-8207
MISSOURI Carol D. Larkin, Director Missouri DD P&A Service, Inc. 211 B Metro Drive Jefferson City, MO 65101	(314) 893-3333 (800) 392-8667
MONTANA Kris Bakula, Executive Director DD/Montana Advocacy Program, Inc. 1410 Eighth Avenue Helena, MT 59601	(406) 444-3889 (800) 332-6149
NEBRASKA Timothy Shaw, Executive Director Nebraska Advocacy Services for DD Citizens, Inc. 522 Lincoln Center Building 215 Centennial Mall So. Rm. 422 Lincoln, NE 68508	(402) 474-3183
NEVADA Holli Elder, Project Director DD Advocate's Office 2105 Capurro Way, Suite B Sparks, NV 89431	(702) 789-0233 (800) 992-5715



NEW HAMPSHIRE Donna Woodfin, Director DD Advocacy Center, Inc. 6 White Street P.O. Box 19 Concord, NH 03301	(603) 228-0432
NEW JERSEY Sar: Wiggins- Mitchell, Director NJ Dept. of Public Advocate Office of Advocacy for the DD Hughes Justice Complex CN850 Trenton, NJ 08625	(609) 292-9742 (800) 792-8600
NEW MEXICO James Jackson, Executive Director P & A System 2201 San Pedro N.E. Bldg 4, Suite 140 Albuquerque, NM 87110	(505) 888-0111 (800) 432-4682
NEW YORK Clarence J. Sundram, Commissioner NY Commission on Quality of Care for the Mentally Disabled 99 Washington Avenue Albany, NY 12210	(518) 473-4057
NORTH CAROLINA Lockhart Follin-Mace, Director Governor's Advocacy Council for Persons with Disabilities 1318 Dale Street, Suite 100 Raleigh, NC 27605	(919) 733-9250
NORTH DAKOTA Barbara C. Braun, Director P&A Project for the DD Governor's Council on Human Resources 13th Floor, State Capitol Bismarck, ND 58505	(701) 224-2972 (800) 472-2670
NORTHERN MARIANA ISLANDS Felicdaed Ogamuro, Executive Director Remedio R. Sablan, Administrator Catholic Social Services, Box 745 Saipan, Commonwealth of the Northern Mariana Islands, 96950	10288-9-011-670-234-6981
OHIO Carolyn Knight, Executive Director Ohio Legal Rights Service 8 East Long Street, 6th Floor Columbus, Ohio 43215	(614) 466-7264 (800) 282-9181



OKLAHOMA Dr. Bob M. VanOsdol, Director Protection & Advocacy Agency for DD 9726 East 42nd, Osage Bldg., Rm 133 Tulsa, OK 74126	(918)	664-5883
OREGON Elam Lantz, Jr., Executive Director Oregon DD Advocacy Center 400 Board of Trade Building 310 Southwest 4th Avenue #625 Portland, OR 97204 - 2309	(503)	243-2081
PENNSYLVANIA Elmer Cerano, Executive Director Protection and Advocacy Inc. 3540 N.Progress Avenue Harrisburg, PA 17110		657-3320 692-7443
PUERTO RICO Helga E. Santiago, Director Planning Research and Special Projects Ombudsman for the Disabled, Governor's Office Chardon Avenue, #916 Hato Rey, PR 00936	(809)	766-2333 766-2388
RHODE ISLAND Elizabeth Morancy, Executive Director Rhode Island P&A System (RIPAS), Inc. 86 Weybosset Street, Suite 508 Providence, RI 02903	(401)	831-3150
SOUTH CAROLINA Louise Ravenel, Executive Director S.C. P&A System for the Handicapped, Inc. 2360-A Two Notch Road Columbia, SC 29204	(803)	254-1600
SOUTH DAKOTA Robert J. Kean, Executive Director South Dakota Advocacy Project, Inc. 221 South Central Avenue Pierre, SD 57501		224-8294 742-8108
TENNESSEE Harriette J. Derryberry, Director EACH, Inc. P.O. Box 121257 Nashville: TN 37212		298-1080 342-1660



TEXAS Dayle Bebee, Executive Director Advocacy, Inc. 7700 Chevy Chase Drive, Suite 300 Austin, TX 78752	(512) 454-4816 (800) 252-9108
UTAH Phyllis Geldzahler, Executive Director Legal Center for the Handicapped 455 East 400 South, Suite 201 Salt Lake City, UT 84111	(801) 363-1347 (800) 662-9080
VERMONT William J. Reedy, Esquire, Director Vermont DD P & A, Inc. 12 North Street Burlington, VT 05401	(802) 863-2881
VIRGINIA Carolyn White Hodgins, Director Dept. of Rights for the Disabled James Monroe Building 10! North 14th Street, 17th floor Richmond, VA 23219	(804) 225-2042 (800) 552-3962 (TDD & Voice)
VIRGIN ISLANDS Russell Richards, Director Committee on Advocacy for the Developmentally Disabled, Inc. Apartment No. 2, 31A New Street Fredericksted, St. Croix VI 00840	(809) <b>7</b> 72-1200
WASHINGTON Director The Troubleshooters Office 1550 West Armory Way, Suite 204 Seattle, WA 98119	(206) 284-1037
WEST VIRGINIA Nancy Mattox, Executive Director W.VA. Advocates for the Developmentally Disabled, Inc. 1200 Brooks Medical Building Quarrier Street, Suite 27 Charleston, WV 25301	(304) 346-0847 (800) 642-9205
WISCONSIN Lynn Breedlove, Executive Director Wisconsin Coalition for Advocacy, Inc. 30 W. Mifflin, Suite 508 Madison, WI 53703	(608) 251-9600 (800) 328-1110
WYOMING Jeanne A. Kawcak, Executive Director DD P&A System, Inc. 2424 Pioneer Avenue, #101 Cheyenne, WY 82001	307 632-3496 800 328-1110



# Appendix E Parent Feedback Form



Meet	ting topic:			·		
	aker:				•	
				· · ·		
usef this	Please circle the responding in helping structure is sheet.	onse that these mee	you feel tings in	is best. the futu	Your answere. Please	ers will be do not sign
1.	The subjects discussed	were of:				
	great interest	some int	erest	little	interest	no interest
2.	I found out:				-	
	more than expected	less	than exp	ected	about wha	t I expected
3.	Please rate the potentinot at all useful to 5	ial useful - very us	ness of t eful):	he infor	mation prese	ented (1 =
	1 Not at all useful	2	3	4	5 Very use	ful
4.	Do you have any comment	s on this	meeting?			

5. Are there other topics you would like to see covered in this meeting?



Appendix F
Pre-Post Exam



### Preschool Transition Project Pre-Post Exam

Please check or fill in the answers to the following questions. 1. Which law is the primary one providing rights for handicapped children? PL 94-142 PL 88-164 PL 94-482 PL 93-112 2. What does IEP stand for? 3. A child's IEP must be reviewed at least . . . Once a year Twice a year \_\_\_\_ Every month Every two years 4. Check any principles that are guaranteed by PL 94-142. All identified handicapped children must be served. Children are to be served in the least restrictive environment. Procedures by which the parents can disagree with the school district's decisions and take action. Parent participation in the special education process. 5. The first step in determining if your child needs special education services is . . . A letter to the parents from the school district signifying their intent to test your child. An IEP meeting with the parents. \_\_\_\_ Testing by school personnel. A call from the teacher regarding her concerns.



6.	An IQ test is what kind of test?
	criterion-referenced test
	norm-referenced test
	developmental-referenced test
	psychologically-referenced test
7.	Which of the following is <u>not</u> available as a related service on the IEP?
	social work
	speech and language
	recreation
	physical therapy
	transportation -
	none of the above
8.	Who is the special education contact person for the following school districts?
	Davis
	Weber
9.	If the IEP is not outlined in detail so parents can judge whether or not it is what their child needs, they do not have to sign the agreement.
	True False
10.	A short term objective in the IEP should include (check all that apply):
	the person responsible for training
	the date on which it will begin
	the date on which it will end
	specific criteria for stopping
	the parents role in the objective



# Appendix G Parent Feedback



Meeting topic: Testin	and the IEP Process
Speaker: Mark Innocen	i, Coordinator, Preschool Transition Project
Date: <u>February 26, 1</u>	36
Please circle the useful in helping struthis sheet.	response that you feel is best. Your answers will be ture these meetings in the future. Please do not sign
1. The subjects disc	ssed were of:
great interes	some interest little interest no interest
2. I found out:	
more than exp	ted less than expected about what I expected

3. Please rate the potential usefulness of the information presented (1 = not at all useful to 5 - very useful):

111

1 2 3 4 5
Not at all Very useful 1 111 11111

4. Do you have any comments on this meeting?

111111111

"... helpful to know more of what is going to happen when my child gets ready for kindergarten."
"The better prepared we are the better advocate we are for our kids."

"Everything was very thoroughly covered." \_

5. Are there other topics you would like to see covered in this meeting?



Mee	ting topic: Parents of Handicapped, Children talk about the educational system
Spe	aker
	e: April 29, 1986
use thi	Please circle the response that you feel is best. Your answers will be ful in helping structure these meetings in the future. Please do not sign s sheet.
1.	The subjects discussed were of:
	<pre>great interest</pre>
2.	I found out:
	more than expected less then expected about what I expected
3.	Please rate the potential usefulness of the information presented (1 = not at all useful to 5 - very useful):
	1 2 3 4 5 Not at all Yery useful useful Illillill
4.	Do you have any comments on this meeting?
5.	"I appreciated and thank the parents very much for taking time out of their busy schedules to come and talk to us."  "Very interesting."  "It is wonderful to be able to hear from parents who are involved in the school system."  "Very supportive."  "Listening to other parents with the same or even different problems helps to put your own situation into perspective." (more Are there other topics you would like to see covered in this meeting?
	<pre>(4.continued) "It is nice to hear about other kids and their problems. It makes you look at yours in a different way."</pre>



Meeting topic: <u>Legal Rights and the School System</u>

Speaker: Kathy Waldo, Utah Legal Center for the Handicapped

Date: \_\_March 25, 1986

Please circle the response that you feel is best. Your answers will be useful in helping structure these meetings in the future. Please do not sign this sheet.

1. The subjects discussed were of:

2. I found out:

more than expected less than expected about what I expected 11111111

3. Please rate the potential usefulness of the information presented (1 = not at all useful to 5 - very useful):

4. Do you have any comments on this meeting?

"Need more like it."

"Very informative meeting. All of this will be very helpful as our child will be entering school this year."

"Very interesting and I liked the information that I received."

"I wish I would have known about my legal rights when my oldest son was entering kindergarten."

"Thank you. Need to know this stuff."

"Some actual examples of cases that have occurred--good and bad outcomes-(bottom of page)

5. Are there other topics you would like to see covered in this meeting?

on different handicap levels."
"Stayed on subject but willing to provide extra information. Excellent rapport."



Mee	ting topic: Parents talk with school district administrators
Spea	aker: Ruth Kunkel, Davis District, and Robert Reid, Weber District
Date	May 14, 1986
usei this	Please circle the response that you feel is best. Your answers will be ful in helping structure these meetings in the future. Please do not signs sheet.
1.	The subjects discussed were of:
	<pre>great interest</pre>
2.	I found out:
	more than expected less than expected about what I expected
3.	Please rate the potential usefulness of the information presented (1 = not at all useful to 5 - very useful):
•	1 2 3 4 5  Mocatall Very useful 111111111
4.	Do you have any comments on this meeting?
	"I thought the speakers were very cordial and talked about parent rights. I somehow didn't expect to hear them talk so much about the programs that are available."  "Very interesting."  "Nice to have a person to ask questions concerning what to really expect when we begin to enter scho l."  "This meeting has answered a lot of questions and has been very helpful. "Do the school personnel really know where all the money is going."
5.	Are there other topics you would like to see covered in this meeting?



Meet	ing topic: Evaluation and the IEP Process	
Spea	ker: Mark Innocenti, Coordinator, Preschool Transition Project	
Date	:_ March 5, 1987	
usef this	Please circle the response that you feel is best. Your answers will be ul in helping structure these meetings in the future. Please do not sign sheet.	
1.	The subjects discussed were of:	
	<pre>great interest</pre>	t
2.	I found out:	
	more than expected less than expected about what I expecte	đ
3.	Please rate the potential usefulness of the information presented (1 = not at all useful to $5$ - very useful):	
	1 2 3 4 5 Not at all 1 11 1 Yery useful useful	
4.	Do you have any comments on this meeting?  "Eye opening."	
5.	Are there other topics you would like to see covered in this meeting?	



Parents in attendance: 7

Meet	ing topic: Legal Rights
•	ker: Cathy Waldo, Attorney, Utah Legal Center for the Handicapped
Date	: April 7, 1987
usef this	Please circle the response that you feel is best. Your answers will be ul in helping structure these meetings in the future. Please do not sign sheet.
1.	The subjects discussed were of:
	great interest some interest little interest no interest
2.	I found out:
	more than expected less than expected about what I expected
3.	Please rate the potential usefulness of the information presented (1 = not at all useful to 5 - very useful):
	1 2 3 4 5  Not at all Yery useful useful
4.	Do you have any comments on this meeting?
	"We can never hear enough about our rights." "Very well presented." "Very informative."
5.	Are there other topics you would like to see covered in this meeting?



12 in attendance

Meet	ing topic: "Graduated"	Parents	Speak			
Spea	ıker:					
Date	e:April 29, 1987				•	
usef this	Please circle the responding structure sheet.	onse that these med	you feel etings in	is best. the futu	Your answ re. Pleaso	vers will be e do not sign
1.	The subjects discussed	were of:				
2.	<pre>great interest</pre>	some in	terest	little	interest	no interest
	more than expected		than exp	ected	about wh	at I expected
3.	Please rate the potenti not at all useful to 5	al useful - very us	ness of teful):	the inform	mation pres	sented (1 =
	1 Not at all useful	2	3	4	5 Very us	eful
			1:		11	
4.	Do you have any comment	s on this	meeting?	•		
5.	"Helps to have the fact important." "State expectations higher firm about what is a "I enjoyed sharing experience in really enjoyed lister (below) Are there other topics	her than ctually r riences a ning to 1	you real necessary and it he the paren	ly expect ." lps, the ts talk a	them to a more the m about their	gree with, but errier. experiences."
4. (	Continued)					
	"I can't wait to come b Hopefully all good." "We wish more parents w				will expe	rience.

<b>Me</b> et	ing topic: Parents talk with school district personnel
Spea	ker: Mr. Dalesheld, Davis School District, and Dr. Reed, Weber School Distric
Date	:May 13, 1987
usef this	Please circle the response that you feel is best. Your answers will be ul in helping structure these meetings in the future. Please do not sign sheet.
1.	The subjects discussed were of:
	great interest some interest little interest no interest
2.	I found out:
	more than expected less than expected about what I expected
3.	Please rate the potential usefulness of the information presented (1 = not at all useful to 5 - very useful):
	1 2 3 4 5 Not at al? Yery useful useful 11 1111111
4.	Do you have any comments on this meeting?
	"Very informative."  "This meeting gave everyone an opportunity to ask and learn what they need to know. And letting others learn from each individual's experience."  "Guest were very well informed."

5. Are there other topics you would like to see covered in this meeting?